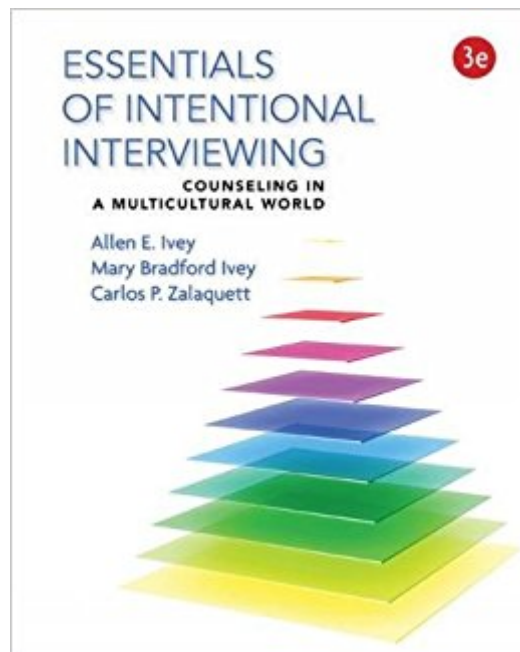




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Essentials Of Intentional Interviewing: Counseling In A Multicultural World



Synopsis

An excellent guide to interviewing in the helping professions, *ESSENTIALS OF INTENTIONAL INTERVIEWING*, 3rd Edition, presents the authors' renowned microskills model, which revolutionized modern understanding of the counseling and therapy process by teaching vital interviewing skills step-by-step. This demystifying process breaks down counseling into manageable micro units and builds a bridge between theoretical understanding, mastery of the skills, and the practice of counseling. The book's multicultural focus reflects the diverse nature of today's classroom-and society. New to this edition are a chapter on crisis counseling, basic information on neuroscience as it relates to interviewing, new video content, and brief summaries of key theories of helping (with additional information and transcripts available online). In addition, MindTap— an online learning platform with a full array of text-specific study tools-is available with the new edition.

Book Information

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Customer Reviews

"This book is the backbone of my course. It gives my students a foundation in communication, listening, and understanding that I believe is important for any psychology student to have." "This text is the pinnacle of introductory texts to the counseling profession. Not only does it present the information in a developmentally appropriate fashion, but it also introduces ideas and concepts that seasoned professionals may have missed (or never been introduced to) during their graduate training."

Allen E. Ivey is Distinguished University Professor (emeritus) at the University of Massachusetts, Amherst. A Diplomate in counseling psychology, Dr. Ivey is a Fellow of the American Psychological Association, American Counseling Association, and Asian-American Psychological Association. His work in diversity led him to be honored as a Multicultural Elder at the National Multicultural Conference and Summit. He has written more than 40 books and 200 articles and chapters, translated into 20 languages. Dr. Ivey's undergraduate work was in psychology at Stanford University, followed by a Fulbright Grant to study social work at the University of Copenhagen, Denmark. His doctorate is from Harvard University. He is the originator of the Microskills approach, basic to this book.

Mary Bradford Ivey is Senior Consultant at Microtraining/Alexander Street Press and a former Vice President of Microtraining Associates. She has served as visiting professor at the University of Massachusetts, Amherst; the University of Hawai'i, Manoa; and Flinders University, South Australia. She is a retired elementary counselor and a former Stress Management counselor at Amherst College. Her comprehensive elementary program was named one of the top ten in the nation at the Christa McAuliffe Conference. Dr. Ivey earned a master's degree in counseling from the University of Wisconsin, and a doctorate in organizational development at the University of Massachusetts, Amherst. She is the author or co-author of twenty books (translated into multiple languages), as well as several articles and chapters. A Nationally Certified Counselor (NCC), she has presented workshops and keynote lectures with Dr. Allen Ivey throughout the world. She is also known for her work in promoting and explaining development guidance and counseling in the United States and abroad. She is one of the first fifteen honored Fellows of the American Counseling Association and is also a recipient of the American Counseling Association's Ohana Award for her work in multicultural counseling.

Carlos P. Zalaquett is a Professor in the Department of Educational Psychology, Counseling, and Special Education at The Pennsylvania State University, and a Licensed Mental Health Counselor in the State of Florida. He is also the Vice-President for the United States and Canada of the Society of Interamerican Psychology and Past-President of the Florida Mental Health Counseling Association, the Suncoast Mental Health Counselors Association (SMHCA), and the Florida Behavioral Health Alliance. Dr. Zalaquett is an internationally recognized expert on mental health, counseling, psychotherapy, diversity, and education and has conducted workshops and lectures in eleven countries. He is the author or co-author of more than 50 scholarly publications and five books, including the Spanish version of BASIC ATTENDING SKILLS. He has received many awards, such as the USF Latinos Association's Faculty of the Year, the Tampa Hispanic Heritage's Man of Education Award, and the SMHCA Emeritus Award. His current

research uses a neuroscience-based framework to compare brain activity and self-reported decision making. This cutting edge research integrates mind, brain, and body in the exploration of human responses central to counseling and psychotherapy.

I thought this book was phenomenal. If you are going into counseling or a related field, the basic skills taught here are indispensable, and the book teaches them in a way that you will actually acquire them, not just read about. I like the book enough that I am actually keeping it for future professional use, even though I purchased it simply for a class.

Im in my Master of Counseling Program with Walden University and was happy to find this book for an affordable price and in good condition with no wear.

just what I need

Great!

works for the job.

Great to keep as a reference

I had to have this book for a graduate class - it wasn't special. Just meh. The professor taught us more than the book did, which was a bit basic for our needs. Gave same feedback to the professor, we'll see if he uses it again.

I bought this book because it is required for my graduate program. However, it is an excellent and approachable book, and I would recommend it to anyone interested in or practicing counseling or therapy!

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